



## INFANT DAILY SCHEDULE

The Infant program is set up on an individual basis, according to the schedule provided by the parent/guardian to the center and designated to enrich the infant's needs and developmental skills.

\*Times are flexible. Infants are fed and given naps on an individual as needed basis. Diapers are checked every 2 hours, or as needed.

### EXAMPLE OF AN INFANT'S DAY

<b>8:00 – 9:00 am</b>	Parent and child morning greeting and handwashing. Indoor or outdoor free play
<b>9:00 – 9:30 am</b>	AM snack
<b>9:30 – 11:00 am</b>	Diaper check, group time, outdoor play, walk, small group activities (younger infants: morning nap and AM bottles)
<b>11:00 – 11:30 noon</b>	Handwashing, Lunch time
<b>11:30 – 2:30</b>	Diaper check, bottles, Nap time (younger infants: outdoor play/ tummy time)
<b>2:30- – 3:00 pm</b>	PM snack, diaper check
<b>3:00 – 4:00 pm</b>	Indoor/outdoor play, books, dramatic play, (younger infants: PM bottles, naps as needed)
<b>4:00 – 5:00 pm</b>	Outdoor play, walk, small group activities