



Preschool Daily Schedule

Here at the Trust Children's Center Preschool Program we value a flexible, play-based schedule that is guided by the children's interests and offers as much free play as possible. Below is a list of our more structured and scheduled times of day including examples of typical activities that may happen throughout the day.

8:00-9:00	Parent and child morning welcome. Children are offered free indoor and outdoor play.
9:15 - 9:30	Blossom Circle Time / Sprout Indoor and Outdoor play
9:30 - 9:45	Morning Snack *Please feed your child breakfast before they arrive at TCC. This morning snack is meant to be only a snack, not breakfast*
9:45 - 11:15	Indoor and Outdoor Play
11:15 - 11:30	Sprout Circle Time / Blossom Music and Movement
11:30 - 12:00	Lunch
12:00 - 12:30	Indoor and Outdoor Play
12:30-2:30	Nap *All children are asked to rest their bodies from 12:30 – 1:30. Children who are awake at 1:30 are invited to play outside while the rest finish their naps*
2:30-2:45	Afternoon Snack
2:45 - 5:00	Indoor and outdoor play followed by pick-up.

DAILY AREAS OF LEARNING WILL INCLUDE, BUT NOT BE LIMITED TO:

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| - Literacy | - Creative Art |
| - Science/Sensory | - Motor Skills |
| - Math | - Social and Emotional Learning |
| - Social Relationships | |

